





The most effective way to deliver PSHE education is via a sequenced, spiral programme that builds on prior learning as pupils progress through the school.

TERM 1 - Skills for Learning

Students open with a transition focus including how to work as a team and being an effective communicator

Year

TERM 2 – Keeping safe and digital literacy

Students evaluate how the internet can amplify risks and opportunities

TERM 3 and 4 – Living in the wider world

Students examine skills such as goal setting in addition to completing the GCSE Option process

TERM 5 - Relationships and Sex Education

Students learn about contraception and parenthood as well as bullying, abuse and discrimination

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Kev

Stage

TERM 3 and 4 Relationships and Sex Education

Students investigate consent, sexual health and fertility.

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TERM 1 and 2 Health and Wellbeing

Students learn how to manage their mental and emotional wellbeing and consider health related decision making

TERM 6 - Positive Relationships

Students explore the attributes of positive relationships

TERM 5 and 6 Careers and Work <u>Experience</u>

Students develop their understanding of career management and their options for Post 16 education



Vear





TERM 1 and 2 Living in the wider world – College applications

Students evaluate choices and pathways in addition to completing college applications and effective CV writing

TERM 3 Health and Wellbeing

Students reflect on self concepts in addition to practising a range of learning skills

<u>TERM 4 – Relationships and Sex</u> education

Year

10

Key

Stage

Students evaluate the social influence of their behavior and their values