

Break Menu

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Option one

**Smokey Beef
Chilli with rice
and tomatoes
salsa**

**Chicken
Shawarma with
salad**

**Jerk chicken
with rice and
Jamaican salad**

**Original chicken
with Rice and
fresh salad**

**Fishfinger
sandwich with
waffle fries and
peas**

Option two

**Pizza
Margherita**

**Falafel bowl
with rice and
salad**

Vegetarian Pizza

**Vegetarian
meatballs subs**

**Delhi hound Dog
served with
waffle fries**

Chef's Special

**Mac n chesses
with garlic
bread**

**Tomatoes pasta
pot**

Chinese noodles

Egg fried rice

Pizza slices

Also available



Vegan option



Added plant protein

Source of wholemeal

Break Menu

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Option one

**Mac and cheese
with garlic
bread**

**Original spice
chicken with
Spice Rice and
coleslaw**

**BBQ pulled pork
slider with
paprika wedges
and slaw**

**Chicken tikka
masala with rice
and naan bread**

**Battered Fish
and chips with
garden peas**

Option two

Pizza twist

**Smokey Bean
Burger with rice
and slaw**

**Burrito Bowl
with rice and
salsa**

Falafel baguette

Mix Pizza

Chef's Special

**Vietnamese
noodles**

**Chicken tikka
pot**

Pasta pots

Cheese panini

Hot dog

Also available



Vegan option



Added plant protein



Source of wholemeal

Break Menu

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

**Option
one**

**Gochujang
sticky chicken
with Rice and
salad**

**Chicken
Souvlaki wit
seasoned
potatoes and
Greek salad**

**Classic beef
lasagne with
garlic bread**

**Jerk chicken
Thighs with rice
and peas**

**Chip shop Fish
or sausage with
wedges and
curry sauce**

**Option
two**

**Yakisoba soya
noodles stir fry
with Edamame
Beans**

**Spanakopita
with potatoes
and Greek salad**

**mac and cheese
plus salad**

Pizza on the day

**Vegan sausage
with wedges and
gravy**

**Chef's
Special**

Beef Burger

Pasta pots

Stir fry noodles

Loaded nachos

Panini

Also available



Vegan option



Added plant protein



Source of wholemeal