## New Starts

Session 1 for year 8 Induction

#### Aims of the session

- To have a general introduction to what guidance looks like at Wootton
- To start thinking about how to make a positive start to the school year.

I am sure you have many questions about Wootton, this session is to let you know about form time, and a few other key bits of information.



# Key timings, please be aware this is the current plan, things may change

- Start of school day lesson 1: 8.35
- **►** Lesson 2: 9.35
- Guidance time 10.35
- Break time 10.55
- **■** Lesson 3: 11.15
- ► Lesson 4: 12.15
- **■** Lunch: 1.15
- ► Lesson 5: 2.00
- School ends: 3.00

#### The First Day

- ► When you arrive in school you will be directed to the back playground, where your Head of Year will meet you.
- ► You will then be organised into your form groups and then at the beginning of first lesson you will go to your form room with your form tutor.
- During the first lesson you will get all the relevant information you will need.
- Most information will come to you before the end of term so don't worry!

## What happens during guidance?

- ► You may have noticed that we have had a bit of an odd year...... this is what currently happens. It may change in September but your form tutor will keep you informed.
- Mondays: your form tutor will go over the Tutor PP which has the information for the week on.
- Tuesdays: Assembly, this might still be virtual
- Wednesday and Thursday PHSCE lesson
- Friday Reading

#### The beginning of year 9 PHSCE

- It is very tricky starting a new school so the first few sessions we spend quite a bit of time getting to know you, giving you chance to meet your form and getting to know your form tutor.
- ► At the moment the plan for the first half term in guidance is on the next slide.

## Yr 9 Autumn 1 Wider World

Lessons 1 to 4
Getting to know you

1 2 3 4

Lesson 4
My Character
Strengths

Lesson 5
What is self
esteem?

Lesson 6
Seeing things
differently

Lesson 7
Accepting
feedback

Lesson 8 and 9 PREVENT Lesson 10 and 11
ISLAMIC
extremism

Lesson 12 and 13
Far Right
Extremism

#### Starting something new.



- 1. Click the picture to watch a video
- 2. WARNING where it says watch another video you will be doing this with your teacher
- 3. It is worth missing out sections 6,7,and 8 (6.51 to 11.05) as not over relevant.

#### So what is next?

- There are three tasks for you to have a go at:
- Task 1: Committing to your stretch goal
- What sort of club would you like to join at your next school?
- \* What are your academic goals and aspirations?
- \* What are your social goals?
- \* What would you really like to learn about?

#### Task 2: Eliminate Distractions

Around a drawing of a busy or distracted brain write down all the things that distract you throughout the day.



Then in a different colour under each one write what you might do to eliminate these distractions.

#### Task 3: Inspirational resource.

- Create your own Inspirational Resource poster.
- Remember the things that were suggested:
  - Motivational quotes for when things get difficult
  - Inspiring people who you look up to
  - ▶ Pictures of your Ultimate goal (if you have one!)
  - Things that help you feel happy when life gets tough!

## Final Thoughts:

- 1. Can you tell your partner when guidance time happens at Wootton?
- 2. Share with your partner one club that you may like to join
- 3. Share with your partner one motivational quote for when times get tough!