



Woolton Academy Trust

Weekly Student Bulletin

Monday 4th May

Subject support from your teachers?

Some of you have asked if we can let you know which days you can email your teachers and expect a fast response. The intention is that teachers will monitor their emails regularly and aim to give a same day reply to the emails they receive on the days identified for each subject.

PLEASE SEE TIMETABLE BELOW:

Where teachers are part time, this may not be possible, e.g. a teacher who is not working on a Friday may not be able to reply until their next day at work. This should still allow you to work flexibly and not have to commit to completing a certain subject on a certain day of the week.

Years	Monday	Tuesday	Wednesday	Thursday	Friday
9 - 11	English, Maths, Science	All other subjects	English, Maths, Science	All other subjects	English, Maths, Science
12 -13	English, Maths, Science, Psychology, Sociology	All other subjects	English, Maths, Science, Psychology, Sociology	All other subjects	English, Maths, Science, Psychology, Sociology

Thought for the Week

Tomorrow
will be a
Better
Day

WWW.LIVELIFEHAPPY.COM

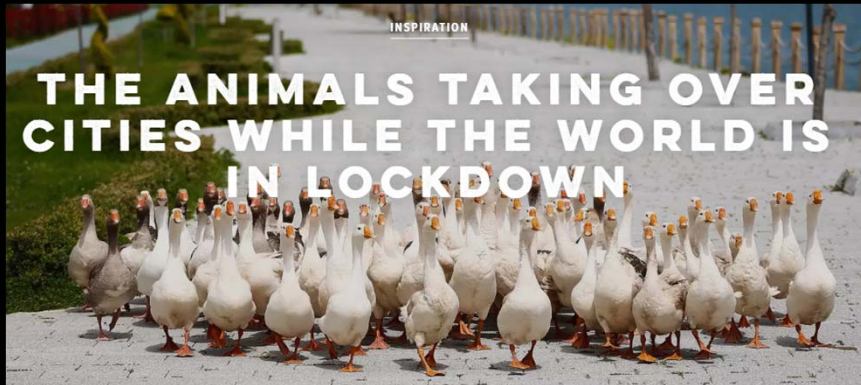


Happy 100th Birthday

to our local hero Captain Tom Moore!

Captain Tom has raised over **£30 million** for the NHS – and said *“Reaching 100 is quite something. Reaching 100 with such interest in me and huge generosity from the public is very overwhelming. People keep saying what I have done is remarkable, however it's actually what you have done for me which is remarkable.”*

Please always remember, tomorrow will be a good day.”



There are lots of stories about the animals taking over the Cities during Lockdown.....one of the many positives about having to stay at home is spending more time with your pets! 😊



Mrs Genders cat 'Buca' has loved having her home – what have your pets been up to – **send in your 'pet photos'** to share on here next week !!
studentbulletin@wootton.beds.sch.uk

NATIONAL THANK A TEACHER DAY – MAY 20TH



<https://thankateacher.co.uk/>



So many of your teachers and support staff go above and beyond for you..... Why not show your appreciation by sending a card to say:

Thank you 😊

Those of you in Y11 and Y13 may not have had the chance to say goodbye to your teachers – why not send them a Thank you card? 😊

The Young Walter Scott Prize

ywsp.co.uk

*Fancy an
adventure
in time travel?*

THE YOUNG
WALTER
SCOTT PRIZE



 @walterscottprize
 @walterscottprize
 @waltscottprize

ywsp.co.uk

*What are you
waiting for?*

THE YOUNG
WALTER
SCOTT PRIZE



If you're aged between 11 and 19 and interested in history and writing, the Young Walter Scott Prize is ready to take you on an adventure! We are the UK's only creative writing prize specifically for budding historical fiction writers.

ENTER

If you have a story of between 800 and 2000 words, set in a time before you were born, you can enter the Young Walter Scott Prize - we are now open for entries, and the closing date is **31st October 2020**. Entries are judged in two age groups - 11 to 15 years and 16 to 19 years. Any kind of fiction is accepted - prose, poetry, drama, fictional letters or reportage.

WIN

You could win a £500 travel grant, an invitation to one of the UK's best book festivals to meet published authors, and a chance to see your own work in print. Full terms and conditions and tips for writing and research are on our website.

**You could win a travel grant of £500,
an invitation to the Borders Book Festival,
and a chance to see your work in print!**

Go to www.ywsp.co.uk or follow us on

 @walterscottprize
 @walterscottprize
 @waltscottprize

to start your adventure!

Wootton Academy Trust

Virtual Library



Library **BedsLibraries** @BedsLibraries · Apr 24

Download e-books, audio books, and magazines for FREE as a member of our libraries. Download the @RBDigital app and have your library card number ready. Not a member? Join online. #LibrariesFromHome

virtual-library.culturalservices.net/webingres/bedf...

Carers in Bedfordshire and Bedford Borough Local Offer

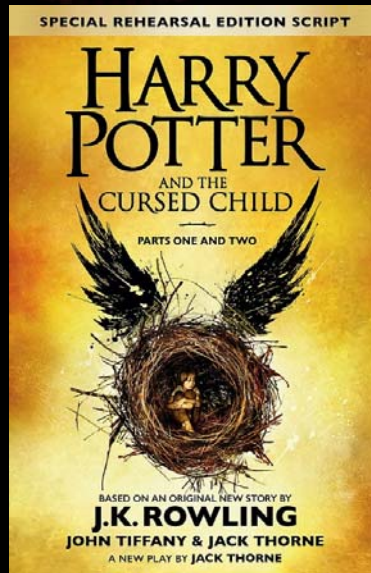
Whilst stuck at home why don't you make use of the Virtual Library!

This gives you **FREE** access to books, magazines and audiobooks either to support your studies or help you relax during a difficult time.

Simply click the link below and register with **RBDigital** and get reading!

<https://virtual-library.culturalservices.net/cgi-bin/vlib.sh>

Book Club



Recommended by Mrs Blunt
in the Library

Overview

Harry Potter and the Cursed Child is written as a play. This meant I found it easy to read and you got to know the characters well.

A Teen choice book for Harry Potter fans! You will either LOVE it or HATE it!!

“Would love to see it on stage”

“I found it entirely nostalgic to see the old HP crowd again and enjoyed meeting the new characters introduced in this new story.”



ART SHADOW CHARACTERS

EXTENDED TASK SHEET

Belgian artist Vincent Bal uses shadows to make fun art!



Shadows are a dark area or shape produced by a body coming between rays of light and a surface and they are also pretty handy in art to help give the illusion of three dimensions in a painting or drawing! In this challenge we are asking you to shine a light on a found object and work with the shadow to produce an amusing or interesting image! Take a photo and then post it to:

studentbulletin@wootton.beds.sch.uk
and we'll feature our FAVES!

EVERYBODY SHOULD HAVE A GO!!



**National
Theatre
home**



Antony and Cleopatra

**Free full-length plays
Every Thursday**

Broadcast live from the National Theatre, Ralph Fiennes and Sophie Okonedo play Shakespeare's famous fated couple in his great tragedy of politics, passion and power.

Caesar and his assassins are dead. General Mark Antony now rules alongside his fellow defenders of Rome. But at the fringes of a war-torn empire the Egyptian Queen Cleopatra and Mark Antony have fallen fiercely in love. In a tragic fight between devotion and duty, obsession becomes a catalyst for war. Director Simon Godwin returns to National Theatre Live screens with this hotly anticipated production.

Watch ***Antony & Cleopatra*** with Sophie Okonedo and Ralph Fiennes play Cleopatra and Antony from **Thursday 7 May at 7pm** UK time until 14 May at 7pm.

Search National Theatre at Home or follow the link below:

<https://www.youtube.com/channel/UCUDq1XzCY0NIOYVJvEMQjqw>

Plays will be available for 7 days to stream so get the family around and settle down for a night at the theatre (in your living room!)

Chicken Tikka Masala

Recipe shared
by Y11
student!! 😊

Ingredients

1 onion
2 cloves of garlic
1 thumb size piece of ginger or
a teaspoon of easy ginger
½ tsp turmeric
1 tsp smoked paprika
1 teaspoon of coriander leave –
(I used a handful of fresh
leaves)
½ tsp salt
1 chicken or veg stockcube
1 can coconut milk
1 can of tomatoes

Chicken or veg

You can use chicken breast or
legs – use as many as you have
people to serve
Makes enough for 4

Peel and roughly chop the garlic. Peel and slice the ginger. Peel and dice the onion.

Measure the spices in a small dish.

In a large saucepan or stockpot add a tablespoon of oil – on medium heat gently fry the onion garlic and ginger for about 2 mins – onions should be soft but not browned

Add the spices and cook for a further minute – they will release flavour

Take off the heat

Blend in a small blender to create a paste – add a tablespoon of tomato puree and a tablespoon of water (have not blender – no problem – there will just be bits in your sauce

Back in the pan – add the paste, the stock cube the chicken (you can cut up the breast – leave legs whole)

Add the tomatoes the coconut milk

Bring to the boil – put a lid on - simmer for about 45 mins – or cook in the oven on 150 for 1 ½ hours.

Tips : I added peppers at the start and stirred in spinach at the end. I took my chicken off the bone before serving- I used legs. I let it cook for 15mins without a lid to thicken the sauce

Wootton Academy Trust

Film of the week



In 1960s Mississippi, Southern society girl Skeeter (Emma Stone) returns from college with dreams of being a writer. She turns her small town on its ear by choosing to interview the black women who have spent their lives taking care of prominent white families. Only Aibileen (Viola Davis), the housekeeper of Skeeter's best friend, will talk at first. But as the pair continue the collaboration, more women decide to come forward, and as it turns out, they have quite a lot to say.

Please share any film
recommendations with us 😊

studentbulletin@wootton.beds.sch.uk

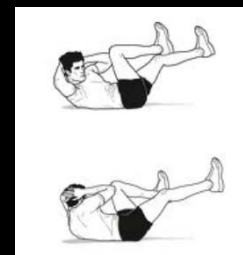
Workout of the Week



You can.

30 seconds of each exercise, straight after the other // 30 second rest at the end of the set x 5

- Jumping lunges
- Bicycle sit-ups
- Burpees
- Press-ups
- Jumping squats
- High knees



twitter



@wusPE

Please share any photos of you taking part 😊

#jointhejourney



ChloeP Music on
Facebook Watch

ChloeP Music was live.

www.facebook.com

[https://www.facebook.com/
chloepricemusic13/videos/263097348183901/](https://www.facebook.com/chloepricemusic13/videos/263097348183901/)



@watmusicdept

Our wonderful Year 10 GCSE Music pupil, Chloe Price, has recently set-up her own Facebook live gig. This was in place of some charity events that she had booked herself up for. She decided to continue with a performance, but instead do this virtually (fab idea!). She had set herself a target of £150.00 for charity, but totally smashed that and raised a whopping £355.00 – all of her donations are going to the NHS.

WELL DONE CHLOE!!!

studentbulletin@wootton.beds.sch.uk

Wootton Academy Trust

Weekly Student Bulletin

Interested in DANCE?

Rambert Home Studio

Technique class for **GCSE dance students**

Starting **Thursday 23 April 2020**

Weekly on Tuesdays and Thursdays

2.00pm to 2.45pm

Suitable for GCSE dance students aged **14-16 years old**

Classes will take place on Rambert's [YouTube channel](#) at specified time above. Click on this link to access the class at this time.



It's important to keep dancing to continue improving your physical skills.

Even if you are not a Dance student, dancing is a great way of keeping active and developing your strength and flexibility!



New Adventures, Sir Matthew Bourne's internationally acclaimed international dance-theatre touring company are to present Romeo and Juliet, Swan Lake and The Car Man on Sky Arts.

Sunday 19 April 8pm – Swan Lake

Sunday 26 April 8pm – Romeo and Juliet

Sunday 3 May at 8pm – The Car Man



The Careers Team are still here to help you

Careers/next step support is still available.

Please email Mrs Ashby, Head of Careers at
yashby@wootton.beds.sch.uk



Local apprenticeship vacancies

New this week

Within
10 miles
of
Bedford

Intermediate Level – minimum of 2 GCSE passes needed

Innovation On-Site Limited (Maulden) - June 2020 [Apprentice Carpenter](#)

Bodyflight Limited (Twinwoods) - June 2020

[Apprentice Customer Service Practitioner within the Leisure Industry](#)

Fordfield House Nursery Ltd (Millbrook) - June 2020 [Childcare Apprentice](#)

Busy Bees Childcare Ltd (Biggleswade Kings Reach) - June 2020

[Childcare Apprenticeship in Biggleswade Kings Reach](#)

Busy Bees Childcare Ltd (Sandy) - July 2020 [Childcare Apprenticeship in Sandy](#)

Busy Bees Childcare Ltd (St Neots) - July 2020 [Childcare Apprenticeship in St Neots](#)

Busy Bees Childcare Ltd (Biggleswade Saxon Centre) - July 2020

[Childcare Apprenticeship in Biggleswade Kings Reach](#)

Tackwood Services Limited (Eaton Socon) - August 2020 [Apprentice Motor Vehicle Technician](#)

360 RECRUITMENT LIMITED (Cardington) - August 2020 [Butchery Apprenticeship – Bedford](#)

Local apprenticeship vacancies

New this week

Within
10 miles
of
Bedford

WOOTTON
ACADEMY
TRUST

COLLEGE
WOOTTON
MUSIC THEATRE ART DANCE

KIMBERLEY
COLLEGE
SCIENCE TECHNOLOGY ENGINEERING MATHS

Advanced Level - minimum of 5 GCSE passes needed

Bedford Blues Rugby (Bedford) - June 2020 [Sport Coach Apprentice](#)

M & N Dental Practise (Bedford) - June 2020 [Apprentice Dental Nurse](#)

Elliot Young Ltd (Bletsoe) - June 2020 [Digital Marketing Apprentice](#)

Bedford Body Shop Ltd (Bedford) - June 2020 [Vehicle Paint Apprentice Technician](#)

HAYS TRAVEL LIMITED (Bedford) - August 2020 [Hays Travel Level 3 Travel Consultant Apprenticeship](#)

Millbrook Proving Ground Ltd (Millbrook) - September 2020 [Safety/ Crash Technician Engineering Apprentice](#)

[Propulsion Engine Test Technician Engineering Apprentice](#)

[Measurement Technician Engineering Apprentice](#)

[Component Technician Engineering Apprentice](#)

[Safety, Health and Environment \(SHE\) Technician Administration Apprentice](#)

AMAZON UK SERVICES LTD (Brogborough) - September 2020 [Mechatronics Maintenance Apprenticeship](#)

Goldington Middle School (Bedford) - September 2020 [Learning Support Assistant Apprentice](#)

Steven Eagell (Bedford) - September 2020 [Learning Support Assistant Apprentice](#)

Virgin Media (Flitwick) - September 2020 [Field Technician Apprenticeship](#)

Local apprenticeship vacancies

New this week

Within
10 miles
of
Bedford

Higher Level

RAF (multiple positions across England) - December 2020
[RAF Intelligence Analyst - Higher Apprenticeship in Intelligence Operations](#)

Degree Level

Amazon UK Services Ltd (Brogborough) – September 2020
[AMAZON UK IT Degree Apprenticeship Program](#)

Apply online <https://www.findapprenticeship.service.gov.uk> for these and all other live vacancies

Career of the Week!

Energy engineer

National
Careers
Service®



Energy engineers research, design and build power generation plants, and work in the oil and gas industry. This sector is predicted to grow by **2.8%** creating an extra **1,100** jobs by 2024.



£20,000 - £80,000 per year



Working 41 - 43 hours per week



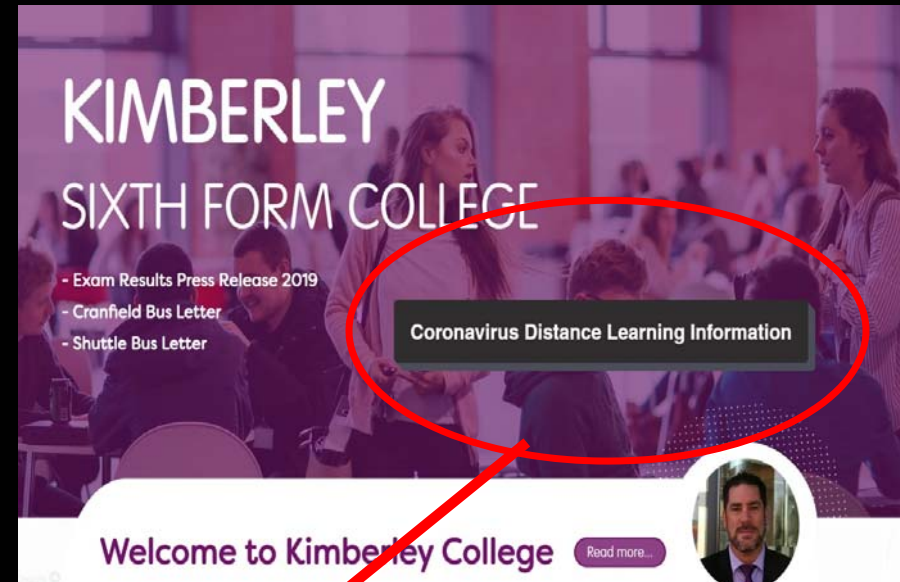
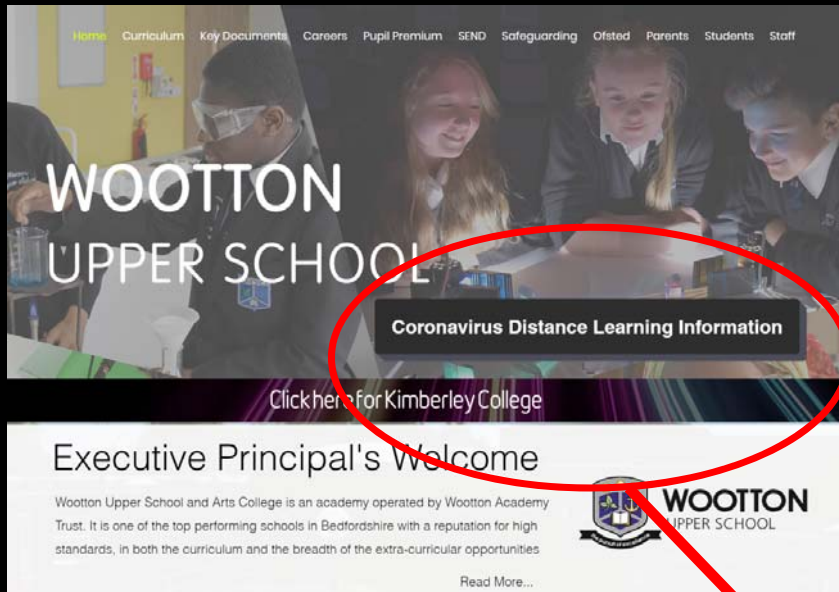
You'll usually need 5 **GCSEs** at grades 9 to 4 for a level 3 qualification such as **A-levels** (including maths and a science) or an equivalent level 3 qualification. You can do a **degree** in energy engineering or related subject. You may be able to start by doing a degree **apprenticeship** in power or nuclear engineering.

Useful subjects: English, Maths, Sciences, Computer Science/I.T and Geography



To see the full profile click here - nationalcareers.service.gov.uk

Where can you find key information?



Go to either the Wootton or Kimberley website and click on the Coronavirus Distance Learning Information tab.

Student & Family Support



Looking After Your Mental Health



Student & Family Support




ChatHealth









Confidential advice & support

WE HELP YOUNG PEOPLE WITH ALL KINDS OF THINGS



Useful Contacts

If you are feeling overwhelmed by your emotions there are some organisations that can help.

Organisation	Support for	Contact Details
Think Ninja 	COVID-19 Support: Such as fears relating to the virus and Isolation struggles	www.healios.org.uk/services/thinkninja1
Samaritans 	Anything	116 123
Childline 	Anything - Online counsellors available	0800 1111 www.childline.org.uk
Kooth 	Free, and anonymous online support	www.kooth.com
Young Minds 	Anything - Parent helpline available	www.youngminds.org.uk
NSPCC 	Advice and support	0808 800 5000 www.nspcc.org.uk
Calm Harm 	<u>Self harm</u> (Mobile App)	www.calmharm.co.uk
Clear Fear 	Anxiety (Mobile App)	www.clearfear.co.uk
Anti-bullying	Bullying	0845 225 5787 or 07734 701221
A trusted adult in school	Anything	safeguarding@wootton.beds.sch.uk


Weekly Quiz

Answers from last week

Numbers Quiz: Answers

1066 Battle of Hastings	180 Degrees in a Triangle
13 Unlucky For Some	14 Days in a Fortnight
Water Freezes at 32 Degrees Fahrenheit	64 Squares on a Chess Board
2 Peas in a Pod	57 Heinz Varieties
12 Signs of the Zodiac	101 Dalmatians
29 Days in February in a Leap Year	1969 First Man on the Moon
3 Blind Mice	180 Maximum Score with 3 Darts
7 Wonders of the World	24 Hours in a Day
1966 England Won the World Cup	147 Maximum Break in Snooker

Why not get the whole family involved? Answers to be shared next week 😊



Woolton Academy Trust

Weekly Quiz

1. On what date is U.S Independence Day?
2. How many zeroes are there in the number one billion?
3. Which car manufacturer has a model called a 'Picanto'?
4. Who's statue is situated on the market square in Bedford?
5. In "Charlie and the Chocolate Factory", what was the name of the little people who worked for Willy Wonka and loved to sing?
6. In which modern day country was the Battle of Waterloo fought?
7. What is the French vegetable dish based on aubergine, courgette, pepper and tomato?
8. What is the capital of Canada?
9. Who is the current Secretary of State for Health and Social Care who regularly appears at the daily Downing Street press briefings?
10. The Clavicle is more commonly known as which bone?

Why not get the whole family involved? Answers to be shared next week 😊



COPING CALENDAR: KEEP CALM. STAY WISE. BE KIND



30 actions to look after ourselves and each other as we face this global crisis together. Please use & share 🙏

- | | | | | | | |
|---|--|--|---|---|---|--|
| 1 Make a plan to help you keep calm and stay in contact | 2 Enjoy washing your hands. Remember all they do for you! | 3 Write down ten things you feel grateful for in life and why | 4 Stay hydrated, eat healthy food and boost your immune system | 5 Get active. Even if you're stuck indoors, move & stretch | 6 Contact a neighbour or friend and offer to help them | 7 Share what you are feeling and be willing to ask for help |
| 8 Take five minutes to sit still and breathe. Repeat regularly | 9 Call a loved one to catch up and really listen to them | 10 Get good sleep. No screens before bed or when waking up | 11 Notice five things that are beautiful in the world around you | 12 Immerse yourself in a new book, TV show or podcast | 13 Respond positively to everyone you interact with | 14 Play a game that you enjoyed when you were younger |
| 15 Make some progress on a project that matters to you | 16 Rediscover your favourite music that really lifts your spirits | 17 Learn something new or do something creative | 18 Find a fun way to do an extra 15 minutes of physical activity | 19 Do three acts of kindness to help others, however small | 20 Make time for self-care. Do something kind for yourself | 21 Send a letter or message to someone you can't be with |
| 22 Find positive stories in the news and share these with others | 23 Have a tech-free day. Stop scrolling and turn off the news | 24 Put your worries into perspective and try to let them go | 25 Look for the good in others and notice their strengths | 26 Take a small step towards an important goal | 27 Thank three people you're grateful to and tell them why | 28 Make a plan to meet up with others again later in the year |
| 29 Connect with nature. Breathe and notice life continuing | 30 Remember that all feelings and situations pass in time |  <p>“ Everything can be taken from us but one thing: the freedom to choose our attitude in any given set of circumstances ” ~ Viktor Frankl</p> | | | | |



ACTION FOR HAPPINESS



www.actionforhappiness.org

Find out more about the Ten Keys to Happier Living, including books, guides, posters and more here: www.actionforhappiness.org/10-keys