

#viruskindness

During the Easter break Year 9, 10 and 11 were set the following task:

TASK:

The RS department thought it would be amazing if Wotton Academy Trust could compile a list of different acts of kindness to help others.

Can you think of your own act of kindness? Come up with your own #viruskindness. Present your idea in any way you would like. Poster/media advert/presentation etc.

Points to include:

- Explain what your act of kindness is
- Explain how this act of kindness can help others
- Evaluate the impact your act of kindness could have on the whole country if 100 people did it

Challenge: Link in any religious or ethical values that you think your act demonstrates.

Most of you have suggested a form of communication with others to support mental health and to stop people being lonely. As a result Wootton Academy Trust thought it would be lovely if we could collectively create a video to make us and our local community smile. A video to showcase all of the positive things that Wootton Academy Trust has been doing during lockdown. This is a way to bring our school community together even while we are apart.

This could include:

- A positive message to the school
- Something that made you feel happy and grateful
- Any acts of kindness during the lockdown
- Any projects that you have achieved during lockdown
- A way to show how you celebrated the 75th anniversary of VE Day.

Possible ideas:

- A voice message
- A video of yourself giving a message (do not hold up a written message)
- A poem to reflect on this time
- A photo of something you have achieved or that has made you happy
- A piece of art that you have created

Please email your contribution to Mr Kirkwood on kirkwood@wootton.beds.sch.uk.

If you have any questions then please email Mrs Adams on eadams@wootton.beds.sch.uk.

Please note, by submitting your video contribution you consent for it to be shared on our website and social media. If you do not wish for your video to be shared, please let us know when you submit your work.

Please see Mrs Adams contribution.