

# PE - CORE

CORE  
Subject

Qualification: Non - exam

## COURSE OVERVIEW

Pupils will take part in two core PE lessons over two weeks, leading to the Certificate of Achievement. In Year 10, the programme builds on those activities followed in Year 9. In Year 11, there are opportunities to take part in a variety of activities in preparation for a long and active life after school. Whenever possible, new and different activities are included into the programme.

The key to Core PE is for pupils to enjoy their lessons, make progress on their skills, work hard and develop an understanding of the social, emotional & physical benefits of a healthy active lifestyle.

## KNOWLEDGE & SKILLS DEVELOPED

Pupils will be taught a range of individual and team activities. They will develop existing and new skills through a broad spectrum of sports.

Typical activities to be covered each term:

Autumn	Spring	Summer
Football	OAA	Athletics
Rugby	Badminton	Tennis
Netball	Lacrosse	Rounders
Basketball	Handball	Cricket
Fitness	Table tennis	Softball
Dodgeball	Volleyball	Longball

You will develop your communication skills, social skills, and physical fitness.

# PHILOSOPHY, RELIGION & ETHICS - CORE

CORE  
Subject

Qualification: Non - exam

## COURSE OVERVIEW

Pupils will be able to explore issues and beliefs relevant to today's society, reflect on fundamental questions of life and debate ethical questions raised in the modern world.

Crucially, pupils will develop a sense of fairness and religious acceptance, both essential to success in a multicultural community and world. As well as engaging with the beliefs of others, pupils will reflect upon and develop their own values, attitudes and opinions, developing the communication skills and confidence required in further education, apprenticeships and the world of work.

## KNOWLEDGE & SKILLS DEVELOPED

You will develop good skills in the following:

- Independence of mind and initiative.
- Interpreting, analysing and evaluating information.
- Communication skills.
- Developing or defending different arguments

Topics to be covered will include, but not be limited to:

- Peace and violence
- Human relationships
- Good and evil
- Matters of life and death
- Human rights